

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State/Territory: UTAH

DEFINITION OF SPECIALIZED SERVICES

Mental Retardation and Related Conditions

Specialized services are services provided at an intensity and frequency that are ordinarily outside the scope of nursing facility services for residents diagnosed with mental retardation. However, certain individuals who meet nursing facility criteria are not precluded from receiving such services in a nursing facility. These services would include adaptive behavior development, behavior management, training in activities of daily living, behavioral pharmacology, services provided under the home and community-based services waiver, and vocational services.

Mentally Ill

Specialized services for mentally ill individuals means the services from an individualized plan of care that:

- a. Are prescribed only for persons experiencing an acute episode of serious mental illness, which necessitates supervision of trained mental health personnel;
- b. Are developed and supervised by an interdisciplinary team, which includes a physician and qualified mental health professionals;
- c. Are directed toward reducing behavioral symptoms and improving his or her level of independent functioning level that permits reduction in the intensity of mental health services; and
- d. Are usually limited to inpatient psychiatric hospital care and care in an institution for mental diseases. Certain individuals, as applicable, are not precluded from receiving such services in a nursing facility.

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